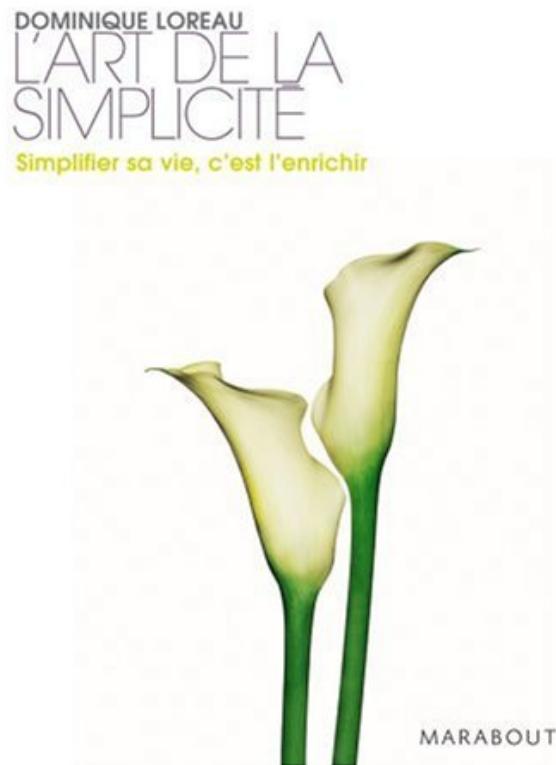


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Désireuse de partager sa propre expérience, Dominique Loreau s'est fait une spécialité d'adapter pour les lecteurs occidentaux des ouvrages de développement personnel s'inspirant des philosophies orientales et du mode de vie japonais. Aux Éditions Robert Laffont, elle a publié L'Art de la simplicité (2005), L'Art des Listes (2007) et L'Art de la frugalité et de la volupté (2009).

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