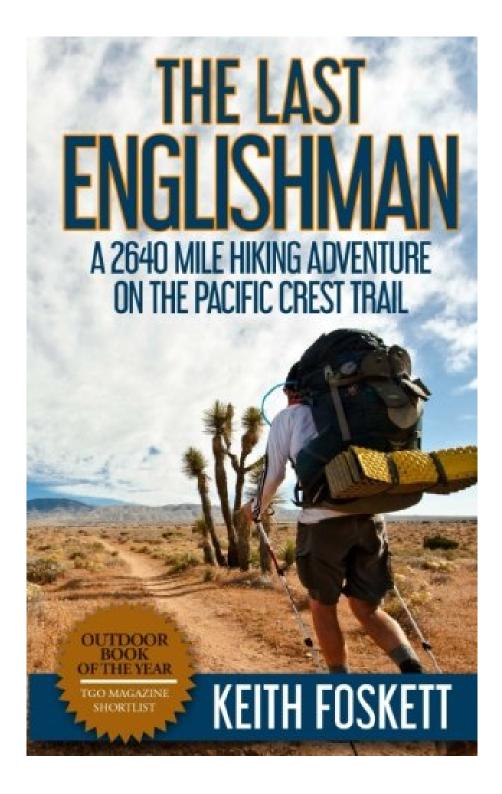


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#### About the Author

Keith Foskett has hiked over 10,000 miles in recent years and holds a deep respect for the outdoor spaces of this world. Well known in hiking circles, he has written three books and contributes to various outdoor publications.

His books have been shortlisted for a number of awards and his outdoor blog was voted blog of the year.

He's partial to a decent bottle of Rioja, and nurtures an unhealthy interest in down sleeping bags and woollen underwear. He was born and still lives in southeast England.

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Shortlisted for Outdoor Book of the Year by The Great Outdoors Magazine. The second book from award winning author Keith Foskett and a #1 Best-Seller on Amazon.

The Pacific Crest Trail stretches some 2,650 miles from the Mexican border to Canada. It meanders through the scorching deserts of California, the dramatic Sierra Nevada, the volcanic landscape of Oregon and the vast forests of Washington. Every year around 300 hikers attempt to walk its entirety. Four in ten give up in the first month alone and only two in ten will reach Canada. Extremes of heat and cold, the toughness and roughness of the trail and encounters with an assortment of potentially deadly creatures stretch walkers to their absolute limits. It's a lesson Keith Foskett soon learns the hard way, having to deal with blisters and other physical ailments, as well as his inherent phobia of snakes, spiders, bears, getting dirty and camping in the woods after dark. With the harsh winter looming, he enters into a desperate race against time, facing a dangerous, physical and very real threat to become the last Englishman to complete the greatest long distance walking trail on Earth.

'I'm not sure if Keith Foskett knows it but he has penned a hiking classic. I just wanted to pack up my bags and head off into the wilderness.' – Spencer Vignes (The Observer).

'Telling the true story of a seven-month PCT hike from Mexico to Canada, crossing wild desert and mountain and meeting everything from eccentric hikers to rattlesnakes along the way. Easy to read and at times laugh-out-loud funny, it will make you want to pack your rucksack and go.' – Rosie Fuller (Adventure Travel magazine).

'Long-distance hiking is tragically romantic: it's not all about fresh air, aesthetic majesty, and colorful company. This book is refreshingly honest about the difficulties and day-to-day monotony. But it also captures the rewards of this oversized effort to hike the United States end to end.' – Andrew Skurka (National Geographic Adventurer of the Year).

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#### Features

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28 of 33 people found the following review helpful.

a little dissapointed

### By Amazon Customer

I felt that this book kind of missed its mark. Its not a bad book, its quite readable, its just not a great book. I have to say its hard to be critical of anyone that had the motivation to get up and walk the PCT, and also, well done for getting out there and writing about it. I certainly feel that the author had good intentions with the book, its just that it kind of didn't really convey the feeling of walking the PCT for me. There seemed to be a lot of detail about the towns they arrived at, and the large amounts of food they ate, the other trails users that were in the towns etc, but in between, very little about the actual walking of the trail. I realise that the towns, and the people are part of the whole experience, but it kind of took up far to much of the book. There was so little desription of the actual trail, the experiences and feelings of being there. The writing just didn't get up there with a good travel writer and you kind of felt like someone was just sitting and saying "we did this, and then this happened" and never really pulled you into the whole experience. I thought that the last section of walking in the early washington winter was where the author started to get the idea of a travel book, but by then it was a little to late.

5 of 5 people found the following review helpful.

Inspirational, page turner, you will want to walk the PCT after this.

By Marci Glenn

I bought this book late last year along with some other PCT books as I hope to hike at least part of it in 2014. I just finished this and my fascination with the PCT has only increased. Keith's writing is so descriptive of his daily travels that I could visualize the environment he was in, I could almost smell the food he cooked, feel the snow hip deep and his hiking buddies are people I want to know, real people facing their daily lives head on. I would recommend this to anyone that enjoys hiking. It is a wonderful read. The Last Englishman (Volume 1)

4 of 4 people found the following review helpful.

A great armchair adventure

By M. Rohlman

I am an avid backpacker, and I live not far from the PCT in Washington. Because I can't take time off from making a living to be a thru-hiker, I have been section hiking the Washington PCT for the past few years. When I can't be on the trail, I am an avid reader of "armchair adventures," especially books about the PCT. Over the years I've noticed a pattern in most PCT adventure books: the first 7/8 of the book describes travels through California, the next few chapters describe hiking through Oregon, and then there are a few token pages that basically say "and then it rained in Washington and then I reached Canada. The End" Keith Foskett's book gave more than a glancing blow to the beauty of the Washington PCT, which I greatly appreciated. I also appreciated the fact that he hiked his own hike, and even though he took an alternative route through parts of Oregon due to winter weather conditions, he felt--and I agree with him wholeheartedly--that he hiked the entire PCT. His trail companions came alive on the pages of this book, and his account was both humorous and introspective--without becoming a pity party. I thoroughly enjoyed it from start to finish.

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